

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Parmesan Penne Marinara Italian Blend Vegetables Chickpea Salad Italian Slice Ice Cream	3 Hungarian Goulash Noodles Stew Vegetables Rye Slice Pudding Cup Broccoli Cheddar Soup	4 Baked Ham w/ Pineapple Scalloped Potatoes Green Beans Lettuce & Tomato Salad w/ Dressing Raisin Bread Slice Baked Apple	5 Vegetable Lasagna w/ EXTRA SAUCE Italian Blend Vegetables Cannellini Beans Italian Slice Yogurt Chicken Rice Soup V	6 Potato Crusted Fish w/ Tartar Sauce Mashed Potatoes Peas w/ Pearled Onions Health Salad Whole Wheat Dinner Roll Cookie
9 Roast Beef w/ Gravy Mashed Potatoes Sliced Carrots Whole Wheat Dinner Roll Pear Hearty Vegetable Soup	10 Roast Turkey w/ EXTRA Gravy Corn Bread Stuffing Cauliflower Au Gratin Beet and Onion Salad Whole Wheat Dinner Roll Ice Cream	11 Chef Salad w/ Turkey, Egg, Cheese, Chickpeas, Tomatoes, Onions, Shredded Carrots, Large Dressing Packet Macaroni Salad Rye Slice Pudding Cream of Mushroom Soup	12 Orange Chicken Red Beans and Rice Zucchini Three Bean Salad Pumpernickel Slice Baked Apple	13 Pierogies w/ Onions & Sour Cream Sauerkraut Peas Rye Slice Creamy Sweet Potato Soup V
16 Pork Chop w/ Sauerkraut Brown Rice Medley Mixed Peas, Carrots, Corn Cucumber & Onion Salad Dinner Roll Baked Apple	17 Happy St. Patrick's Day Corned Beef & Cabbage Carrots Potatoes Irish Soda Bread Cupcake Tomato Rice Soup	18 Macaroni and Cheese Stewed Tomatoes Mixed Vegetables Three Bean Salad Raisin Bread Slice Yogurt V	19 Korean Chicken Stir Fried Brown Rice Asian Vegetable Blend Whole Wheat Dinner Roll Ice /cream Beef Barley Soup	20 Egg Salad Health Salad Chickpea and Onion Salad Whole Wheat Slices (X2) Pear
23 Beef Kielbasa w/ Mustard Sauerkraut Oven Roasted Potatoes Carrot Slices Hoagie Roll Fruited Yogurt Cream of Potato Soup	24 Manicotti Cannellini Beans Spinach Lettuce & Tomato Salad w/ Dressing Italian Slice Orange V	25 Chicken Scampi Brown Rice w/ Scampi Sauce Peas w/ Pearled Onions Dinner Roll Oatmeal Bar Cream of Broccoli Soup	26 Cheeseburger w/ Let, Tom, Onion, Ketchup Home Fries Baked Beans Hamburger Roll Sun Chips	27 Seafood Salad Cucumber & Onion Salad Health Salad Croissant Ice Cream Tuscan White Bean Soup
30 Eggplant Roulette w/ EXTRA Sauce Penne Marinara Israeli Salad Cauliflower Italian Slice Pudding V	31 Chicken Divan Mashed Sweet Potatoes Spinach Pumpernickel Slice Banana Chicken Noodle Soup	Morris County Nutrition Menu March 2026		

Menu subject to change. For information call (973)285-6856.